



# 2026 CAPITAL CUP

**SPECTATOR ENTRY FEE:**

**£20 FOR ALL AGES**

**PLEASE NOTE: (NO PRAMS, PUSHCHAIRS OR BUGGIES ALLOWED IN VENUE)**

**Information:**

**ONLY ONE ACCOUNT PER CLUB TO BE USED FOR ENTRIES**

**ENTRIES LINK: [jabforms.com/CapitalCup2026/signin](https://jabforms.com/CapitalCup2026/signin)**

**Venue: Broadwater Farm Community Centre, Adams Road, Tottenham, London, N17 6HG**

## **Day 1 - Saturday 23-05-26**

**8am – 11am Registration, Weigh-in and Doctor**

**11am – 1pm Jablinked to do draw, confirm bout order and publicise**

**1pm – 9pm Boxing**

## **Day 2 – Sunday 24-05-26**

**9am – 11am Registration, Weigh-in and Doctor**

**11am – 12pm Jablinked to confirm bout order and publicise**

**12pm – 9pm Boxing**

## **Day 3 – Monday 25-05-26**

**9am – 11am Registration, Weigh-in and Doctor**

**11am – 12pm Jablinked to confirm bout order and publicise**

**12pm – 7pm Boxing**

# **BOXER ENTRY FEES**

**BOXERS BOX CUP ENTRY FEE: £30**

**TRAINERS BOX CUP ENTRY FEE: £20**

(5 BOXERS - 3 TRAINERS, 10 BOXERS - 4 TRAINERS, OVER 10 BOXERS 5 TRAINERS, OVER 20 BOXERS 6 TRAINERS)

**PLEASE NOTE THAT BOXER AND COACH ENTRY FEES SHOULD BE PAID IMMEDIATELY, ONLINE, WHEN ENTERING. A PLACE IS ONLY CONFIRMED WHEN PAID FOR.**

**ENTERED BOXERS AND COACHES THAT HAVE NOT BEEN PAID FOR WILL BE DELETED FROM THE COMPETITION TO MAKE SPACE FOR OTHERS ON THE FOLLOWING DATES:**

**30<sup>TH</sup> MARCH**

**27<sup>TH</sup> APRIL**

**11<sup>TH</sup> MAY**

**18<sup>TH</sup> MAY**

**Entries will close on 18<sup>th</sup> May and all entries will be published within a day or two.**

**The number of previous bouts for entrants is the number of bouts on 18<sup>th</sup> MAY 2025, NOT THE DATE OF ENTRY. ALL BOXERS MUST WEIGH IN ON 23<sup>rd</sup> MAY. Any boxer arriving on Saturday 23<sup>rd</sup> May that has exceeded the maximum number of bouts for their category will be eliminated unless they are able to move up to a higher category.**

**All boxers must have had at least 2 bouts prior to weighing in for the Capital Cup.**

**Boxers may move weight classes at their initial weigh-in on 23<sup>rd</sup> May - if there is space in another weight class. Thereafter, no change of weight class is permitted. There is no weight allowance given at all in the Capital Cup.**

**Some senior male categories/weights will have several groups.**

**Each group will consist of a maximum of 8 boxers, randomly drawn to box in up to 4 quarter finals, and 2 semi-finals, with the winners contesting the final on Monday 25<sup>th</sup> May. Youths and Juniors will have only one group per category/weight**

**Some categories and weights will have less than 8 entrants so some boxers may just box semi-finals and finals, and some may just box straight finals. Where there are 4 or less entries, semi-finals may be boxed on Saturday 23<sup>rd</sup> May or Sunday 24<sup>th</sup> May.**

**Boxers will be required to weigh-in on the morning of every day that they box. All weigh-ins and bouts will take place at Broadwater Farm Community Centre.**

**REMEMBER – BOXERS WHOSE ENTRY FEES HAVE NOT BEEN RECEIVED WILL BE DELETED PRIOR TO THE BOX CUP AT REGULAR INTERVALS.**

# **CLASSES AND CATEGORIES**

## **SENIOR MALE (3 CLASSES):**

**51, 54, 57, 60, 63.5, 67, 71, 75, 80, 86, 92, 92+**

## **ELITE CLASS**

**CLASS A: 20 AND UNDER,**

**CLASS B: 10 AND UNDER.**

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## **YOUTH MALE (4 CLASSES)**

**51, 54, 57, 60, 63.5, 67, 71, 75, 80, 86, 92, 92+**

## **2008 CLASS A:**

**OVER 14 BOUTS**

## **2008 CLASS B:**

**14 BOUTS AND UNDER**

## **2009 CLASS A**

**OVER 14 BOUTS**

## **2009 CLASS B**

**UNDER 14 BOUTS**

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## **JUNIOR MALE (4 CLASSES)**

**46, 48, 51, 54, 57, 60, 63.5, 67, 71, 75, 80, 80+**

## **2010 CLASS A:**

**OVER 10 BOUTS**

## **2010 CLASS B:**

**10 BOUTS AND UNDER**

## **2011 CLASS A:**

**OVER 10 BOUTS**

## **2011 CLASS B:**

**10 BOUTS AND UNDER**

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**BEST CLUB AWARD: CLUBS THAT ENTER MORE THAN 10 BOXERS INTO THE CAPITAL CUP MUST NAME 10 BOXERS THAT WILL COUNT TOWARDS THE BEST CLUB AWARD BY MAY18th. AFTER THIS DATE, THEY CANNOT BE REPLACED.**

**SENIOR ELITE BOXERS AND YOUTH OVER 14 BOUT BOXERS WILL BOX 3X3 MINUTE ROUNDS**

**ALL OTHER CONTESTS WILL BE 3X2 MINUTE ROUNDS**

**ANY BOXER WHO HAS ENTERED THE SENIOR ELITE C**

**BOXERS MUST WEIGH IN WEARING SHORTS AND VEST/T SHIRT  
ELITE SENIOR WILL BE IN THE ELITE CATEGORY - NO EXCEPTIONS**

**ALL BOXERS MUST HAVE HAD A MINIMUM OF 2 BOUTS**

